SABER Scholars Library

The SABER Scholars Library is a collection of critical readings and sample materials to support the professional development of SABER Scholars. Mentors seek to provide scholars with articles, web links, reference books, sample teaching materials, and other professional resources to enhance your teaching and research skills and to advance career development.

Articles, books, websites you recommend?
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CAREER ADVICE – LIFE IN ACADEMIA

ARTICLES – Career Development and Relationships

**TITLE:** Juggling Childcare With Academia: Female Experiences In Lockdown  
Author: Anna McKie  
Published: June 25, 2020  
Topic: Female academics with children say they fear the pandemic lockdowns have affected their careers.  

**TITLE:** Teaching While Introverted  
Author: James M. Lang  
Published: February 07, 2020  
Topic: Reacting to Susan Cain’s book Quiet: The Power of Introverts in a World That Can’t Stop Talking, I realized that personality traits about which I had always felt some degree of shame were shared by a significant minority of the human species.  
LINK: https://www.chronicle.com/article/Teaching-While-Introverted/247963

**TITLE:** The Surprising Benefits of Having a Baby. Career Enhancement  
Author: Mai P. Trinh  
Published: January 9, 2020  
Topic: Mai P. Trinh describes how it has actually enhanced her career and made her a better scholar.  

**TITLE:** Creating Serendipity (for Career Advancement)  
Author: Stephen J. Aguilar  
Published: April 18, 2019
Topic: Stephen J. Aguilar offers guidance for developing habits that will help you maximize the odds of being at the right place at the right time when it comes to your career.

TITLE: Positive Communication in Your Career Conversations
Author: Laura N. Schram
Published: April 8, 2019
Topic: Laura N. Schram highlights six actions you can take to improve your professional relationships.

TITLE: The Pregnancy Penalty
Author: Terri E. Givens
Published: February 27, 2019
Topic: Unfortunately, many people still have backward ideas about the ability of women to succeed in academe after having children, writes Terri E. Givens.

TITLE: Self-Care (for Faculty Members) for the New Year
Author: Deborah J. Cohan
Published: January 17, 2019
Topic: Something is seriously lost when we as academics can’t connect back to ourselves, the world and what truly matters, writes Deborah J. Cohan.

TITLE: What I Learned as I Was Leaving Higher Education
Author: Beth Godbee
Published: January 16, 2019
Topic: Beth Godbee shares three responses that surprised her when she announced her decision to depart higher ed after being at her institution for seven years and having just earned tenure and promotion.
TITLE: **The Joy of Kids for the Teacher-Scholar**  
Author: Kyle Sebastian Vitale  
Published: January 9, 2019  
Topic: Kids and academic life complement and enrich each other in lovely, unexpected ways, writes Kyle Sebastian Vitale.  

TITLE: **The Psychology of Networking**  
Author: Joseph Barber  
Published: October 1, 2018  
Topic: Joseph Barber recommends some best practices for introverts.  
LINK: [https://www.insidehighered.com/advice/2018/10/01/viewing-networking-psychological-perspective?utm_source=Inside+Higher+Ed&utm_campaign=c3e8a6f743-CareersInsider_COPY_01&utm_medium=email&utm_term=0_1fcbc04421-c3e8a6f743-197800013&mc_cid=c3e8a6f743&mc_eid=dbdcee20ba](https://www.insidehighered.com/advice/2018/10/01/viewing-networking-psychological-perspective?utm_source=Inside+Higher+Ed&utm_campaign=c3e8a6f743-CareersInsider_COPY_01&utm_medium=email&utm_term=0_1fcbc04421-c3e8a6f743-197800013&mc_cid=c3e8a6f743&mc_eid=dbdcee20ba)

TITLE: **Networking: Just Do It**  
Author: Stephen J. Aguilar  
Published: June 28, 2018  
Topic: Even if up until now you haven’t done it, even if you find it insufferable, even if you think you’re awkward, even if you secretly believe that you’re somehow above it argues Stephen J. Aguilar, do it and open yourself up to the possibilities that follow.  

TITLE: **The Baby Penalty**  
Author: Mary Ann Mason  
Published: August 05, 2013  
Topic: Women pay a "baby penalty" over the course of their academic careers—from the uncertain graduate-school years to the pressure cooker of tenure, through the long midcareer march, and finally to retirement.  
LINK: [https://www.chronicle.com/article/The-Baby-Penalty/140813](https://www.chronicle.com/article/The-Baby-Penalty/140813)