CAREER ADVICE – LIFE IN ACADEMIA

SABER Scholars Library

The SABER Scholars Library is a collection of critical readings and sample materials to support the professional development of SABER Scholars. Mentors seek to provide scholars with articles, web links, reference books, sample teaching materials, and other professional resources to enhance your teaching and research skills and to advance career development.

Articles, books, websites you recommend? Share them by contacting John Gomez, PhD, at jpgomez@ollusa.edu.

ARTICLES – Career Development and Relationships

TITLE: The Baby Penalty
Author: Mary Ann Mason
Published: August 05, 2013
Topic: Women pay a "baby penalty" over the course of their academic careers—from the uncertain graduate-school years to the pressure cooker of tenure, through the long midcareer march, and finally to retirement.
LINK: https://www.chronicle.com/article/The-Baby-Penalty/140813

TITLE: Networking: Just Do It
Author: Stephen J. Aguilar
Published: June 28, 2018
Topic: Even if up until now you haven’t done it, even if you find it insufferable, even if you think you’re awkward, even if you secretly believe that you’re somehow above it argues Stephen J. Aguilar, do it and open yourself up to the possibilities that follow.

TITLE: The Psychology of Networking
Author: Joseph Barber
Published: October 1, 2018
Topic: Joseph Barber recommends some best practices for introverts.
LINK: https://www.insidehighered.com/advice/2018/10/01/viewing-networking-psychological-perspective?utm_source=Inside+Higher+Ed&utm_campaign=c3e8a6f743-
TITLE: The Joy of Kids for the Teacher-Scholar  
Author: Kyle Sebastian Vitale  
Published: January 9, 2019  
Topic: Kids and academic life complement and enrich each other in lovely, unexpected ways, writes Kyle Sebastian Vitale.  

TITLE: Self-Care (for Faculty Members) for the New Year  
Author: Deborah J. Cohan  
Published: January 17, 2019  
Topic: Something is seriously lost when we as academics can’t connect back to ourselves, the world and what truly matters, writes Deborah J. Cohan.  

TITLE: What I Learned as I Was Leaving Higher Education  
Author: Beth Godbee  
Published: January 16, 2019  
Topic: Beth Godbee shares three responses that surprised her when she announced her decision to depart higher ed after being at her institution for seven years and having just earned tenure and promotion.  

TITLE: The Pregnancy Penalty  
Author: Terri E. Givens  
Published: February 27, 2019  
Topic: Unfortunately, many people still have backward ideas about the ability of women to succeed in academe after having children, writes Terri E. Givens.  

TITLE: Positive Communication in Your Career Conversations  
Author: Laura N. Schram  
Published: April 8, 2019
Topic: Laura N. Schram highlights six actions you can take to improve your professional relationships.
LINK: https://www.insidehighered.com/advice/2019/04/08/actions-you-can-take-improve-your-career-
conversations-opinion?utm_source=Inside+Higher+Ed&utm_campaign=112d879fec-
CareersInsider_COPY_01&utm_medium=email&utm_term=0_1fcbc04421-112d879fec-
197800013&mc_cid=112d879fec&mc_eid=dbdcee20ba

TITLE: Creating Serendipity (for Career Advancement)
Author: Stephen J. Aguilar
Published: April 18, 2019
Topic: Stephen J. Aguilar offers guidance for developing habits that will help you maximize the odds of
being at the right place at the right time when it comes to your career.
LINK: https://www.insidehighered.com/advice/2019/04/18/how-maximize-odds-youll-be-right-place-
right-time-your-career-advancement-
opinion?utm_source=Inside+Higher+Ed&utm_campaign=112d879fec-
CareersInsider_COPY_01&utm_medium=email&utm_term=0_1fcbc04421-112d879fec-
197800013&mc_cid=112d879fec&mc_eid=dbdcee20ba

Author: Mai P. Trinh
Published: January 9, 2020
Topic: Mai P. Trinh describes how it has actually enhanced her career and made her a better scholar.
LINK: https://www.insidehighered.com/advice/2020/01/09/benefits-having-baby-while-working-
untenured-professor-opinion?utm_source=Inside+Higher+Ed&utm_campaign=609a0342e1-
WNU_COPY_01&utm_medium=email&utm_term=0_1fcbc04421-609a0342e1-
197800013&mc_cid=609a0342e1&mc_eid=dbdcee20ba

TITLE: Teaching While Introverted
Author: James M. Lang
Published: February 07, 2020
Topic: Reacting to Susan Cain’s book Quiet: The Power of Introverts in a World That Can’t Stop
Talking, I realized that personality traits about which I had always felt some degree of shame
were shared by a significant minority of the human species.
LINK: https://www.chronicle.com/article/Teaching-While-Introverted/247963