The SABER Scholars Library is a collection of critical readings and sample materials to support the professional development of SABER Scholars. Mentors seek to provide scholars with articles, web links, reference books, sample teaching materials, and other professional resources to enhance your teaching and research skills and to advance career development.

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**ARTICLES – Advising and Mentoring**

**TITLE:** *How One Email From You Could Help Students Succeed*
Author: Dan Berret, Beth McMurtrie, and Beckie Supiano
Published: August 09, 2018
Topic: A classroom-based “nudge”—or intervention that encourages but does not mandate a certain behavior—have caught on as a way to help students through the many complex processes of higher education.

**TITLE:** *Advice on Advising: How to Mentor Minority Students*
Author: Shampa Biswas
Published: March 13, 2019
Topic: Based on my (continuing) experiences on this front, I offer the following lessons I’ve learned. I hope they will be of value to all faculty members, but especially to those who disproportionately take on the responsibilities of advising minority students.

**TITLE:** *The Best (and Worst) Ways to Respond to Student Anxiety*
Author: Sarah Rose Cavanagh
Published: May 05, 2019
Topic: Faculty members are faced with the dilemma of how to respond to anxiety in ways that are empathetic yet respectful of the learning goals we have set for all of our students.

**TITLE:** *Office Hours: Why Students Need to Show Up*
Author: Cassandra O’Sullivan Sachar
Published: May 14, 2019
Topic: Cassandra O’Sullivan Sachar describes why, despite how drained she sometimes feels afterward, she actively encourages her students to meet with her.


**TITLE:** The Way of Leo: 5 Lessons on Academic Mentorship  
Author: Alvaro Huerta  
Published: June 14, 2019

Topic: Alvaro Huerta shares what he learned from a cherished mentor, who knew how to help marginalized people from disadvantaged backgrounds succeed in higher education.