

CAREER ADVICE – LIFE IN ACADEMIA

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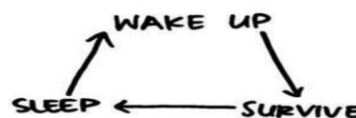
The SABER Scholars Library is a collection of critical readings and sample materials to support the professional development of SABER Scholars. Mentors seek to provide scholars with articles, web links, reference books, sample teaching materials, and other professional resources to enhance your teaching and research skills and to advance career development.

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ARTICLES – Daily Life in Academia



TITLE: What I Wish I'd Known Before Tenure.

Author: Mike Gunter Jr.

Published: June 17, 2021

Topic: Based on his experience over the past 25 years, Mike Gunter Jr. shares five core strands of advice.

LINK: https://www.insidehighered.com/advice/2021/06/17/tenured-professor-offers-five-pieces-advice-junior-faculty-opinion?utm_source=Inside+Higher+Ed&utm_campaign=f6d4cff9e1-DNU_2021_COPY_02&utm_medium=email&utm_term=0_1fcbc04421-f6d4cff9e1-197800013&mc_cid=f6d4cff9e1&mc_eid=dbdcee20ba

TITLE: Lessons From the Trenches of Motherhood and Academe

Author: Rebekah Layton

Published: May 10, 2021

Topic: Academic parents and caregivers find efficiency a necessity, writes Rebekah Layton, who offers tips for how to manage your time and energy.

LINK: https://www.insidehighered.com/advice/2021/05/10/managing-your-time-and-energy-academic-parent-opinion?utm_source=Inside+Higher+Ed&utm_campaign=8efe97746b-DNU_2021_COPY_02&utm_medium=email&utm_term=0_1fcbc04421-8efe97746b-197800013&mc_cid=8efe97746b&mc_eid=dbdcee20ba

TITLE: The Dilemma of In-Between Time

Author: Julie Mujic

Published: May 6, 2021

Topic: For academic parents and other busy faculty members, Julie Mujic shares some productive ways to spend those precious free moments.

LINK: https://www.insidehighered.com/advice/2021/05/06/how-academic-parents-and-others-can-make-best-use-brief-between-moments-opinion?utm_source=Inside+Higher+Ed&utm_campaign=7d74b9741f-

[WNU COPY 01&utm_medium=email&utm_term=0_1fcbc04421-7d74b9741f-197800013&mc_cid=7d74b9741f&mc_eid=dbdcee20ba](https://www.facultyfocus.com/articles/philosophy-of-teaching/why-you-should-be-a-selfish-instructor/?st=FFWeekly%3Bsc%3DFFWeekly210305%3Butm_term%3DFFWeekly210305&utm_source=ActiveCampaign&utm_medium=email&utm_content=Using+Microlearning+to+Improve+Student+Understanding+of+Course+Content&utm_campaign=FF210305)

TITLE: Why You Should Be a Selfish Instructor

Author: Shazia A. Ahmed, PhD, and Juliet V. Spencer, PhD

Published: March 5, 2021

Topic: We are deeply invested in student success and frequently go the extra mile to ensure it, however this effort can be physically and mentally draining.

LINK: https://www.facultyfocus.com/articles/philosophy-of-teaching/why-you-should-be-a-selfish-instructor/?st=FFWeekly%3Bsc%3DFFWeekly210305%3Butm_term%3DFFWeekly210305&utm_source=ActiveCampaign&utm_medium=email&utm_content=Using+Microlearning+to+Improve+Student+Understanding+of+Course+Content&utm_campaign=FF210305

TITLE: COVID Has Laid Bare the Inequities That Face Mothers in STEM

Author: Isabel Torres, Ryan Watkins, Martta Liukkonen, Mei Lin Neo

Published: December 23, 2020

Topic: Take a survey and share your experience.

LINK: <https://www.scientificamerican.com/article/covid-has-laid-bare-the-inequities-that-face-mothers-in-stem/>

TITLE: Regroup and Refocus: Strategies to Avoid Professor Burn Out

Author: Katie D. Lewis, EdD, and Nicole Hesson, EdD

Published: December 18, 2020

Topic: Some recommendations for moving from surviving to thriving.

LINK: https://www.facultyfocus.com/articles/faculty-development/regroup-and-refocus-strategies-to-avoid-professor-burn-out/?st=FFWeekly%3Bsc%3DFFWeekly201218%3Butm_term%3DFFWeekly201218&utm_source=ActiveCampaign&utm_medium=email&utm_content=%E2%9D%84%EF%B8%8FIt+s+the+Most+Wonderful+Time+of+the+Year+for+Winter+Enrichment+Sessions%21%E2%9D%84%EF%B8%8F&utm_campaign=FF201218

TITLE: Voices on Diversity: Overcoming Barriers to Pursuing a Career in Science

Author: Lakeya McGill, Lathiena Manning Nervo, Sabrice Guerrier, Amaliris Guerra, Josiane Joseph, Jessica Silva-Fisher, Theodore Addo, Marquis Walker, Kamsi Odinammadu

Published: 17 December 2020

Topic: Insights and experiences of a panel of underrepresented scientists in a series of questions and answers.

LINK: <https://www.sciencedirect.com/science/article/abs/pii/S1097276520308923>

TITLE: Three trouble spots facing women in science—and how we can tackle them.

Author: Leah H. Somerville, June Gruber

Published: Oct. 16, 2020 , 3:45 PM

Topic: By bringing issues and concerns out of the shadows, we hope that trainees and faculty members alike will take active measures to push back against the trouble spots that continue to challenge women's equality.

LINK: <https://www.sciencemag.org/careers/2020/10/three-trouble-spots-facing-women-science-and-how-we-can-tackle-them>

TITLE: Juggling Childcare With Academia: Female Experiences In Lockdown

Author: Anna McKie

Published: June 25, 2020

Topic: Female academics with children say they fear the pandemic lockdowns have affected their careers.

LINK: <https://www.timeshighereducation.com/news/juggling-childcare-academia-female-experiences-lockdown>

TITLE: Teaching While Introverted

Author: James M. Lang

Published: February 07, 2020

Topic: Reacting to Susan Cain's book Quiet: The Power of Introverts in a World That Can't Stop Talking, I realized that personality traits about which I had always felt some degree of shame were shared by a significant minority of the human species.

LINK: <https://www.chronicle.com/article/Teaching-While-Introverted/247963>

TITLE: Like New Professor, Like Mom. The Two Roles Are Quite Similar.

Author: Stephanie L. Liberatore

Published: January 30, 2020

Topic: Stephanie L. Liberatore describes eight ways the two roles are quite similar.

LINK: https://www.insidehighered.com/advice/2020/01/30/being-new-professor-lot-being-mom-opinion?utm_source=Inside+Higher+Ed&utm_campaign=fd69b47c97-CareersInsider_COPY_01&utm_medium=email&utm_term=0_1fcbc04421-fd69b47c97-197800013&mc_cid=fd69b47c97&mc_eid=dbdcee20ba

TITLE: How to Stop Yourself From Being Overworked and Bitter

Author: Rachel McLaren and Anthony Ocampo

Published: February 5, 2020

Topic: People who do too much service can take longer to advance in their careers, are often unhappy with how service is distributed in the department and are more likely to burn out or leave the academy, write Rachel McLaren and Anthony Ocampo, who offer tips for avoiding that.

LINK: <https://www.insidehighered.com/advice/2020/02/05/avoiding-disgruntlement-and-burnout-too-much-service-work-opinion>

TITLE: Decision Fatigue: Teaching can be exhausting. Some thoughts on why.

Author: John Warner

Published: November 20, 2019

Topic: College professors experience a steadily declining amount of physical and emotional bandwidth this time of year because of the sheer number of decisions one must make as a teacher, combined with the stakes (both real and perceived) of those decisions, and the fact that almost all of these decisions must be made by the instructor acting alone.

LINK: https://www.insidehighered.com/blogs/just-visiting/teaching-and-decision-fatigue?utm_source=Inside+Higher+Ed&utm_campaign=6822083e00-WNU_COPY_01&utm_medium=email&utm_term=0_1fcbc04421-6822083e00-197800013&mc_cid=6822083e00&mc_eid=dbdcee20ba

TITLE: Teaching at a Primarily Undergraduate Institution

Author: American Society for Microbiology

Published: Aug. 14, 2019

Topic: We interviewed Dr. Maureen Morrow, a Professor of Biology at the State University of New York at New Paltz.

LINK: <https://asm.org/Articles/2019/August/Teaching-at-a-Primarily-Undergraduate-Institution>

TITLE: **What Faculty Members Think (They Worry About Discrimination)**

Author: Colleen Flaherty

Published: March 5, 2019

Topic: Major survey shows that professors worry about discrimination but aren't prepared to deal with classroom conflicts over diversity. Other findings touch on mentoring, pay, and politics.

LINK: <https://www.insidehighered.com/news/2019/03/05/major-survey-shows-professors-worry-about-discrimination-arent-prepared-deal>

TITLE: **The Pregnancy Penalty**

Author: Terri E. Givens

Published: February 27, 2019

Topic: Unfortunately, many people still have backward ideas about the ability of women to succeed in academe after having children, writes Terri E. Givens.

LINK: http://www.insidehighered.com/advice/2019/02/27/women-who-have-children-are-still-disadvantaged-academe-opinion?utm_source=Inside+Higher+Ed&utm_campaign=05af0dfa51-WNU_COPY_01&utm_medium=email&utm_term=0_1fcbc04421-05af0dfa51-197800013&mc_cid=05af0dfa51&mc_eid=dbdcee20ba

TITLE: **Self-Care (for Faculty Members) for the New Year**

Author: Deborah J. Cohan

Published: January 17, 2019

Topic: Something is seriously lost when we as academics can't connect back to ourselves, the world and what truly matters, writes Deborah J. Cohan.

LINK: http://www.insidehighered.com/advice/2019/01/17/professor-gives-advice-colleagues-starting-new-year-self-care-opinion?utm_source=Inside+Higher+Ed&utm_campaign=25644dfd39-WNU_COPY_01&utm_medium=email&utm_term=0_1fcbc04421-25644dfd39-197800013&mc_cid=25644dfd39&mc_eid=dbdcee20ba

TITLE: **The Joy of Kids for the Teacher-Scholar**

Author: Kyle Sebastian Vitale

Published: January 9, 2019

Topic: Kids and academic life complement and enrich each other in lovely, unexpected ways, writes Kyle Sebastian Vitale.

LINK: http://www.insidehighered.com/advice/2019/01/09/benefits-academic-work-having-children-opinion?utm_source=Inside+Higher+Ed&utm_campaign=e160f891d1-WNU_COPY_01&utm_medium=email&utm_term=0_1fcbc04421-e160f891d1-197800013&mc_cid=e160f891d1&mc_eid=dbdcee20ba

TITLE: **Warning Signs That You and Your Campus Are a Bad Fit**

Author: Manya Whitaker

Published: September 19, 2018

Topic: Whatever your rank, fit is a key factor that should guide your stay-or-go decision. Here are some ideas on what you can do to improve the fit where you are.

LINK: https://www.chronicle.com/article/Warning-Signs-That-You-and/244548?cid=at&utm_source=at&utm_medium=en&elqTrackId=ca2aefe716554211821bb83398c86473&elq=1cf9acd5e93e42ba8f0bdd0a51d7def2&elqaid=20654&elqat=1&elqCampaignId=9732

TITLE: **The Awakening: Women and Power in the Academy**

Author: Chronicle Review, Chronicle of Higher Education

Published: 2018

Topic: Over the past few months, amid mounting revelations of sexual harassment, *The Chronicle Review* asked presidents and adjuncts, scientists and humanists, senior scholars and junior professors to take on the theme of women and power in academe. Here are their responses.

LINK: <https://www.chronicle.com/interactives/the-awakening?cid=cp233>

TITLE: **The Baby Penalty**

Author: Mary Ann Mason

Published: August 05, 2013

Topic: Women pay a "baby penalty" over the course of their academic careers—from the uncertain graduate-school years to the pressure cooker of tenure, through the long midcareer march, and finally to retirement.

LINK: <https://www.chronicle.com/article/The-Baby-Penalty/140813>