

CAREER ADVICE – LIFE IN ACADEMIA

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ARTICLES – Career Development and Relationships



TITLE: The Baby Penalty

Author: Mary Ann Mason

Published: August 05, 2013

Topic: Women pay a "baby penalty" over the course of their academic careers—from the uncertain graduate-school years to the pressure cooker of tenure, through the long midcareer march, and finally to retirement.

LINK: <https://www.chronicle.com/article/The-Baby-Penalty/140813>

TITLE: Networking: Just Do It

Author: Stephen J. Aguilar

Published: June 28, 2018

Topic: Even if up until now you haven't done it, even if you find it insufferable, even if you think you're awkward, even if you secretly believe that you're somehow above it argues Stephen J. Aguilar, do it and open yourself up to the possibilities that follow.

LINK: http://www.insidehighered.com/advice/2018/06/28/getting-past-common-obstacles-effective-networking-early-tenure-track-opinion?utm_source=Inside+Higher+Ed&utm_campaign=f4e72a43da-WNU_COPY_01&utm_medium=email&utm_term=0_1fcbc04421-f4e72a43da-197800013&mc_cid=f4e72a43da&mc_eid=dbdcee20ba

TITLE: The Psychology of Networking

Author: Joseph Barber

Published: October 1, 2018

Topic: Joseph Barber recommends some best practices for introverts.

LINK: https://www.insidehighered.com/advice/2018/10/01/viewing-networking-psychological-perspective?utm_source=Inside+Higher+Ed&utm_campaign=c3e8a6f743-

[CareersInsider COPY 01&utm_medium=email&utm_term=0_1fcbc04421-c3e8a6f743-197800013&mc_cid=c3e8a6f743&mc_eid=dbdcee20ba](http://www.insidehighered.com/advice/2019/01/09/benefits-academic-work-having-children-opinion?utm_source=Inside+Higher+Ed&utm_campaign=e160f891d1-WNU_COPY_01&utm_medium=email&utm_term=0_1fcbc04421-e160f891d1-197800013&mc_cid=e160f891d1&mc_eid=dbdcee20ba)

TITLE: The Joy of Kids for the Teacher-Scholar

Author: Kyle Sebastian Vitale

Published: January 9, 2019

Topic: Kids and academic life complement and enrich each other in lovely, unexpected ways, writes Kyle Sebastian Vitale.

LINK: http://www.insidehighered.com/advice/2019/01/09/benefits-academic-work-having-children-opinion?utm_source=Inside+Higher+Ed&utm_campaign=e160f891d1-WNU_COPY_01&utm_medium=email&utm_term=0_1fcbc04421-e160f891d1-197800013&mc_cid=e160f891d1&mc_eid=dbdcee20ba

TITLE: Self-Care (for Faculty Members) for the New Year

Author: Deborah J. Cohan

Published: January 17, 2019

Topic: Something is seriously lost when we as academics can't connect back to ourselves, the world and what truly matters, writes Deborah J. Cohan.

LINK: http://www.insidehighered.com/advice/2019/01/17/professor-gives-advice-colleagues-starting-new-year-self-care-opinion?utm_source=Inside+Higher+Ed&utm_campaign=25644dfd39-WNU_COPY_01&utm_medium=email&utm_term=0_1fcbc04421-25644dfd39-197800013&mc_cid=25644dfd39&mc_eid=dbdcee20ba

TITLE: What I Learned as I Was Leaving Higher Education

Author: Beth Godbee

Published: January 16, 2019

Topic: Beth Godbee shares three responses that surprised her when she announced her decision to depart higher ed after being at her institution for seven years and having just earned tenure and promotion.

LINK: http://www.insidehighered.com/advice/2019/01/16/professor-describes-what-surprised-her-when-she-announced-she-was-leaving-academe?utm_source=Inside+Higher+Ed&utm_campaign=25644dfd39-WNU_COPY_01&utm_medium=email&utm_term=0_1fcbc04421-25644dfd39-197800013&mc_cid=25644dfd39&mc_eid=dbdcee20ba

TITLE: The Pregnancy Penalty

Author: Terri E. Givens

Published: February 27, 2019

Topic: Unfortunately, many people still have backward ideas about the ability of women to succeed in academe after having children, writes Terri E. Givens.

LINK: http://www.insidehighered.com/advice/2019/02/27/women-who-have-children-are-still-disadvantaged-academe-opinion?utm_source=Inside+Higher+Ed&utm_campaign=05af0dfa51-WNU_COPY_01&utm_medium=email&utm_term=0_1fcbc04421-05af0dfa51-197800013&mc_cid=05af0dfa51&mc_eid=dbdcee20ba

TITLE: Positive Communication in Your Career Conversations

Author: Laura N. Schram

Published: April 8, 2019

Topic: Laura N. Schram highlights six actions you can take to improve your professional relationships.
LINK: https://www.insidehighered.com/advice/2019/04/08/actions-you-can-take-improve-your-career-conversations-opinion?utm_source=Inside+Higher+Ed&utm_campaign=112d879fec-CareersInsider_COPY_01&utm_medium=email&utm_term=0_1fcbc04421-112d879fec-197800013&mc_cid=112d879fec&mc_eid=dbdcee20ba

TITLE: **Creating Serendipity (for Career Advancement)**

Author: Stephen J. Aguilar

Published: April 18, 2019

Topic: Stephen J. Aguilar offers guidance for developing habits that will help you maximize the odds of being at the right place at the right time when it comes to your career.

LINK: https://www.insidehighered.com/advice/2019/04/18/how-maximize-odds-youll-be-right-place-right-time-your-career-advancement-opinion?utm_source=Inside+Higher+Ed&utm_campaign=112d879fec-CareersInsider_COPY_01&utm_medium=email&utm_term=0_1fcbc04421-112d879fec-197800013&mc_cid=112d879fec&mc_eid=dbdcee20ba

TITLE: **The Surprising Benefits of Having a Baby. Career Enhancement.**

Author: Mai P. Trinh

Published: January 9, 2020

Topic: Mai P. Trinh describes how it has actually enhanced her career and made her a better scholar.

LINK: https://www.insidehighered.com/advice/2020/01/09/benefits-having-baby-while-working-untentured-professor-opinion?utm_source=Inside+Higher+Ed&utm_campaign=609a0342e1-WNU_COPY_01&utm_medium=email&utm_term=0_1fcbc04421-609a0342e1-197800013&mc_cid=609a0342e1&mc_eid=dbdcee20ba

TITLE: **Teaching While Introverted**

Author: James M. Lang

Published: February 07, 2020

Topic: Reacting to Susan Cain's book Quiet: The Power of Introverts in a World That Can't Stop Talking, I realized that personality traits about which I had always felt some degree of shame were shared by a significant minority of the human species.

LINK: <https://www.chronicle.com/article/Teaching-While-Introverted/247963>