

## MENTORING RECOMMENDED READINGS – Links

### SABER Scholars Library



## IRACDA

The SABER Scholars Library is a collection of critical readings and sample materials to support the professional development of SABER Scholars. Mentors seek to provide scholars with articles, web links, reference books, sample teaching materials, and other professional resources to enhance your teaching and research skills and to advance career development.

Articles, books, websites you recommend?  
Share them by contacting John Gomez, PhD, at [jpgomez@ollusa.edu](mailto:jpgomez@ollusa.edu).



**The MENTEES'  
PERSPECTIVE:  
Tips for a Better  
Experience**



#### **TITLE: How to Find a Mentor**

Author: Amy Drader

Published: May 13, 2021

Topic: People who have mentors experience improved performance and job satisfaction and the mentors feel more organizational commitment and career success.

LINK: <https://www.business2community.com/leadership/how-to-find-a-mentor-02405013>

#### **TITLE: Don't Destroy Your Mentorship Opportunity With These 4 Tragic Mistakes**

Author: Dana Brownlee, Senior Contributor. I help professionals navigate workplace challenges.

Published: April 6, 2021

Topic: If you're seeking a mentor or have recently secured one, steer clear of these four tragic mistakes.

LINK: <https://www.forbes.com/sites/danabrownlee/2021/04/06/dont-destroy-your-mentorship-opportunity-with-these-4-tragic-mistakes/?sh=64bdc6b758fd>

#### **TITLE: Why seek a single mentor when you can have three — or more**

Author: Anna Henschel

Published: 25 November 2020

Topic: Anna Henschel's experience in seeking out a board of mentors enabled her to build a powerful support structure.

LINK: <https://www.nature.com/articles/d41586-020-03339-5>

#### **TITLE: "Where's My Mentor?!" Characterizing Negative Mentoring Experiences in Undergraduate Life Science Research**

Author: Lisa B. Limeri, Muhammad Zaka Asif, Benjamin H. T. Bridges, David Esparza, Trevor T. Tuma, Daquan Sanders, Alexander J. Morrison, Pallavi Rao, Joseph A. Harsh, Adam V. Maltese, and Erin L. Dolan

Published: 22 Nov 2019. American Society for Cell Biology. CBE—Life Sciences Education, Vol. 18, No. 4. <https://doi.org/10.1187/cbe.19-02-0036>

Topic: Undergraduate researchers in our study reported seven major ways they experienced negative mentoring: absenteeism, abuse of power, interpersonal mismatch, lack of career support, lack of psychosocial support, misaligned expectations, and unequal treatment.

LINK: <https://www.lifescied.org/doi/10.1187/cbe.19-02-0036>

TITLE: **How to Create a Better Mentor for Yourself**

Author: Michael Schwalbe

Published: November 21, 2019

Topic: Michael Schwalbe offers five suggestions for how you can get the most out of such a relationship. A mentee can do a lot to help your mentor do better and give more.

LINK: [https://www.insidehighered.com/advice/2019/11/21/how-get-most-out-your-relationship-mentor-opinion?utm\\_source=Inside+Higher+Ed&utm\\_campaign=9f72224ccb-WNU\\_COPY\\_01&utm\\_medium=email&utm\\_term=0\\_1fcbc04421-9f72224ccb-197800013&mc\\_cid=9f72224ccb&mc\\_eid=dbdcee20ba](https://www.insidehighered.com/advice/2019/11/21/how-get-most-out-your-relationship-mentor-opinion?utm_source=Inside+Higher+Ed&utm_campaign=9f72224ccb-WNU_COPY_01&utm_medium=email&utm_term=0_1fcbc04421-9f72224ccb-197800013&mc_cid=9f72224ccb&mc_eid=dbdcee20ba)

TITLE: **Ten tips for finding an effective mentor**

Author: David Payne. Naturejobs | Naturejobs Blog

Published: 25 Jan 2017 | 13:00 GMT |

Topic: The meandering path to a career in science offers challenges that can be difficult to confront alone. Finding an effective mentor who offers advice and inspiration can help you navigate the maze successfully, say Andrew Gaudet and Laura Fonken.

LINK: <http://blogs.nature.com/naturejobs/2017/01/25/ten-tips-for-finding-an-effective-mentor/>