MENTORING RECOMMENDED READINGS – Links

SABER Scholars Library

The SABER Scholars Library is a collection of critical readings and sample materials to support the professional development of SABER Scholars. Mentors seek to provide scholars with articles, web links, reference books, sample teaching materials, and other professional resources to enhance your teaching and research skills and to advance career development.

Articles, books, websites you recommend?
Share them by contacting John Gomez, PhD, at jpgomez@ollusa.edu.

The MENTEES’ PERSPECTIVE:
Tips for a Better Experience

TITLE: How to Find a Mentor
Author: Amy Drader
Published: May 13, 2021
Topic: People who have mentors experience improved performance and job satisfaction and the mentors feel more organizational commitment and career success.
LINK: https://www.business2community.com/leadership/how-to-find-a-mentor-02405013

TITLE: Don’t Destroy Your Mentorship Opportunity With These 4 Tragic Mistakes
Author: Dana Brownlee, Senior Contributor. I help professionals navigate workplace challenges.
Published: April 6, 2021
Topic: If you’re seeking a mentor or have recently secured one, steer clear of these four tragic mistakes.
LINK: https://www.forbes.com/sites/danabrownlee/2021/04/06/dont-destroy-your-mentorship-opportunity-with-these-4-tragic-mistakes/?sh=64bdc6b758fd

TITLE: Why seek a single mentor when you can have three — or more
Author: Anna Henschel
Published: 25 November 2020
Topic: Anna Henschel’s experience in seeking out a board of mentors enabled her to build a powerful support structure.
LINK: https://www.nature.com/articles/d41586-020-03339-5

TITLE: “Where’s My Mentor?!” Characterizing Negative Mentoring Experiences in Undergraduate Life Science Research

Topic: Undergraduate researchers in our study reported seven major ways they experienced negative mentoring: absenteeism, abuse of power, interpersonal mismatch, lack of career support, lack of psychosocial support, misaligned expectations, and unequal treatment.

LINK: https://www.lifescied.org/doi/10.1187/cbe.19-02-0036

TITLE: How to Create a Better Mentor for Yourself
Author: Michael Schwalbe
Published: November 21, 2019

Topic: Michael Schwalbe offers five suggestions for how you can get the most out of such a relationship. A mentee can do a lot to help your mentor do better and give more.


TITLE: Ten tips for finding an effective mentor
Author: David Payne. Naturejobs | Naturejobs Blog
Published: 25 Jan 2017 | 13:00 GMT |

Topic: The meandering path to a career in science offers challenges that can be difficult to confront alone. Finding an effective mentor who offers advice and inspiration can help you navigate the maze successfully, say Andrew Gaudet and Laura Fonken.

LINK: http://blogs.nature.com/naturejobs/2017/01/25/ten-tips-for-finding-an-effective-mentor/